



We are here to provide family support

Support for all families

One to one family support Drugs and Alcohol Support

Domestic Abuse support for women

Young Parents support Returning to work/college

4YP Service Behavioural Support

Debt Advice Benefits Advice Budgeting Courses

Signpost to Counselling ESOL Courses

Home Visiting Service Volunteering

Antenatal Alive and Kicking Course

Baby Massage Support for childminders

Dads Groups Parents/carers computer room

Quit Smoking Well Being

Breastfeeding English/Maths Course

Post Natal depression Support for grand parents

Parents/children with additional and emotional needs

Families affected by imprisonment

Plus a lot more.....

Please contact us for more information



Keep up to date & follow us on

Facebook & Twitter



Henbury Children's Centre
Trevelyan Walk, Henbury
Bristol, BS10 7NY
Tel: 0117 353 4479

Brentry Children's Centre
Brentry Lane, Brentry
Bristol, BS10 6RG
Tel: 0117 959 3800/3900

Brentry and Henbury Children's Centre



What's on at our centres

From September 2018

www.bhchildrenscentre.org.uk

admin@bhchildrenscentre.org.uk

Telephone 0117 959 3800

Text 07551 153257

	Monday	Tuesday
MORNING	<p>Maths Course Henbury Court 9.00 – 11.30 Crèche provided Please call a member of the Family Support Team for more information & to book place</p> <p><u>Upcoming courses</u> English course - Fridays AM Let's Cook course Baby Massage course Potty Training workshops Please call a member of the Family Support Team for more information</p>	<p>Rock 'A' Bye 9.30 - 10.30am (Term-Time only) @ Brentry Children's Centre Starts 9th October For parents and their babies 3 - 9 months old (via referral only, please ask for more information & to book a place)</p>
AFTERNOON	<p>Rock 'A' Bumps 12.30 - 2.30pm 6 week course - 12/11/18 @ Badock's Wood Children's Centre Antenatal Group for expectant mums (via referral only, please ask for more information)</p>	<p>Parenting Course The Nurturing Course 12.45—2.45 @ Brentry Children's Centre With a crèche Please call a member of the Family Support Team for more information & to book a place</p>
<p>DAD'S ARMY - RUNS THE SECOND SATURDAY OF THE MONTH 9.00 - 11.00 AM @ BRENTY CHILDREN'S CENTRE</p>		

Wednesday	Thursday	Friday
<p>Baby Clinic 9:15 - 11.00am @ Brentry Children's Centre Come to weigh your baby and discuss their progress with local Health Visitors</p> <p>Breastfeeding Drop-In 11.30am - 1.00pm @ Brentry Children's Centre For expectant and breastfeeding mothers, their babies or children</p>	<p>You & Me Sensory Play 10.00 - 11.15am @ Brentry Children's Centre Fun, Sensory group for babies under 1. Pay on the day - <u>£5 a session</u> Starts 27th September</p> <p>Young Parents Group 9.30am - 12.00pm @ Henbury Court Children's Centre Meet other young parents under 21. Work towards a qualification and get parenting support. Free crèche provided</p>	<p>Baby Clinic & Breastfeeding 9:15 - 11.15am @ Henbury Court Children's Centre Come to weigh your baby and discuss their progress with Health Visitors, breastfeeding support</p> <p>Stay & Play 9:15 - 11.15am @ Henbury Court Children's Centre Meet other parents and enjoy creative activities with your child under five</p>
<p>Legal Advice Drop-In 1.30 - 3.00pm @ Brentry Children's Centre Free legal family advice. Call if you would like more information</p>	<p>Volunteering Course @ Brentry Children's Centre 12.00 - 3.00 pm Starts 13th September Call if you would like more information and to book a place</p>	<p>Bluebell Group 12.45 - 2.45pm @ Henbury Court Children's Centre This group is referral only. Please speak to a member of staff</p>
<p>Sessions are term time only, excluding Baby Clinic, Stay & Play and Breastfeeding, which are all year round. We would appreciate £2 donation per family to help fund activities and snacks.</p>		