

We are here to provide family support.

Support for all families

One to one family support Drugs and Alcohol Support

Domestic Abuse support for women

Young Parents support Returning to work/college

4YP Service Behavioural Support

Debt Advice Benefits Advice Budgeting Courses

Signpost to Counselling ESOL Courses

Home Visiting Service Happiness Course

Antenatal Alive and Kicking Course

Baby Massage Support for childminders

Dads Groups Parents/carers computer room

Quit Smoking Well Being

Breastfeeding English Course

Post Natal depression Support for grand parents

Parents/children with additional and emotional needs

Plus a lot more.....

Please contact us for more information

You can now find us on



facebook

Henbury Children's Centre
Trevelyan Walk, Henbury
Bristol, BS10 7NY
Tel: 0117 3534479

Brentry Children's Centre
Brentry Lane, Brentry
Bristol, BS10 6RG
Tel: 0117 9593800/3900

Brentry & Henbury Court Children's Centres



What's on at our Centres...
From September 2016
Website:
www.bhchildrenscentre.org.uk

BRENTRY CHILDREN'S CENTRE

Monday

*Rock 'a' Bye Group from 1:30am - 3:00pm

For parents with their babies (via referral only please ask for more information)

Tuesday

Little Explorers session from 9:30am - 11:00am

Share music singing and story activities, advice and quality time with your toddler under 2 years.

Wednesday

Baby Clinic from 9:15am - 11:15am Health visitors are available all morning

Breastfeeding Drop-In 11:30am - 1:00pm

A group for expectant & breastfeeding mothers & their babies & children

Thursday

Baby Sensory Group 10:00am - 11:30am

Come along with your baby to experience different sensory activities designed to support your babies development.

Antenatal Classes (Arranged by Midwife)_Alternate months.

Friday

*Parenting Course Starts September 9:30am - 11:30am

Please call the community team for details 01179593800

Saturday

Dad's Group 9am - 10:30am

Give mum a break and join us on the 2nd Saturday of each month.

HENBURY COURT CHILDREN'S CENTRE

Monday

English Conversation Group Starting the end of September
1-2pm

Tuesday

Adult based courses

Please call a member of the community team for more info

Wednesdays

HENBURY COURT IS CLOSED

Thursday

Valuing Young Parents (under 21 years old), session from 9:30am - 1:00pm

Come and meet with other young people. Work towards O.C.N qualification and get parenting support. There's a free crèche and lunch provided.

Friday

Baby Clinic & Breastfeeding Support from 9:15am - 11:15am

Health visitors are available all morning

Stay and Play 9:15am - 11:15am

Come and meet other parents and enjoy creative activities with your children under 5

Bluebell Group From 12:45pm - 2:45pm

This group is referral only. Please speak to a member of staff.

We also support families with particular requirements, such as ..

- ◆ Experiencing domestic abuse (Northern Arc)
 - ◆ Needing Legal advice
 - ◆ Learning/education
- ◆ Families with a parent in prison.

Sessions are term time only, excluding Baby Clinic, Stay & Play, Breastfeeding, which run all year round.

All sessions are £1 per family.

* These groups have limited spaces, please call for details before attending.