



We are here to provide family support

One to one family support Drug and Alcohol Support
 Domestic Abuse support for women
 Young Parents support Returning to work/college
 Debt Advice Benefits Advice Budgeting Courses
 ESOL Courses
 Volunteering
 Antenatal
 Baby Massage Support for childminders
 Dads Groups
 Quit Smoking Well Being
 Breastfeeding English/Maths Courses
 Post Natal depression
 Support for families affected by imprisonment and offending



Follow us on:



Badock's Wood Children's Centre, Doncaster
 Road, Southmead, Bristol, BS10 5PW.

Tel: 0117 3772343

Henbury Children's Centre
 Trevelyan Walk, Henbury
 Bristol, BS10 7NY
 Tel: 0117 353 4479

Brentry Children's Centre
 Brentry Lane, Brentry
 Bristol, BS10 6RG
 Tel: 0117 959 3800/3900

Brentry and Henbury Children's Centre



What's on at our centres (Brentry, Henbury and Southmead)

From January 2019

www.bhchildrenscentre.org.uk

admin@bhchildrenscentre.org.uk

0117 959 3800



	Monday	Tuesday
MORNING	<p>Stay & Play 9.15—11.00am @ Badock's Wood Children's Centre Doncaster Road, Southmead, BS10 5PW</p> <p>Meet other parents and enjoy creative activities with your child under five (older siblings welcome during school holidays).</p> <p>Badock's Wood Children's Centre—0117 3772343</p>	<p>Rock 'A' Bumps 9.30 - 11.00am (Term-Time only) @ BHCC</p> <p>Antenatal Group for expectant mums (via referral only, please ask for more information)</p>
AFTERNOON	<p>Rock 'A' Bye 1.30 - 2.30pm @ BWCC Children's Centre</p> <p>For parents and their Babies 3 - 9 months old (via referral only, please ask for more information & to book a place)</p>	<p>Breastfeeding Support Group 1.30—3.00pm @ Badock's Wood Children's Centre Doncaster Road, Southmead, BS10 5PW</p>
<p>DAD'S ARMY - RUNS THE SECOND SATURDAY OF THE MONTH 9.00 - 11.00 AM @ BRENTY CHILDREN'S CENTRE</p>		

Wednesday	Thursday	Friday
<p>Baby Clinic 9:15 - 11.00am @ Brentry Children's Centre</p> <p>Come to weigh your baby and discuss their progress with local Health Visitors</p> <p>Breastfeeding Drop-In 11.30am - 1.00pm @ Brentry Children's Centre</p> <p>For expectant and breastfeeding mothers, their babies or children</p>	<p>You & Me Sensory Play 10.00 - 11.15am @ Brentry</p> <p>Fun, Sensory group for babies under 1. Pay on the day - £5 a session</p> <p>Young Parents Group 9.30am - 12.00pm @ Henbury Court</p> <p>under 21? Work towards a qualification and get parenting support. Free crèche provided</p> <p>Baby Clinic @ Badock's Wood Children's Centre 9.30—11am</p>	<p>Baby Clinic <i>*temporarily unavailable*</i> <i>please contact your health visitor for updates</i></p> <p>9:15 - 11.15am @ Henbury Court Children's Centre</p> <p>Come to weigh your baby and discuss their progress with Health Visitors, breastfeeding support</p> <p>Stay & Play 9:15 - 11.15am @ Henbury Court Children's Centre</p> <p>Meet other parents and enjoy creative activities with your child under five</p>
<p>Legal Advice Drop-In 1.30 - 3.00pm @ Brentry Children's Centre</p> <p>Free legal family advice. Call if you would like more information</p>	<p>Antenatal Classes run by NHS Midwives 3.30-5.30pm</p> <p>Alternating between Brentry and Badock's Wood. Please contact your Midwife for more information.</p>	<p>Bluebell Group 12.45 - 2.45pm @ Henbury Court Children's Centre</p> <p>This group is referral only. Please speak to a member of staff</p>
<p>Sessions are term time only, excluding Baby Clinic, Stay & Play and Breastfeeding, which are all year round.</p>		