



Emergency Contacts over Christmas 2021

<u>Organisation:</u>	<u>Contact Information:</u>
<p>Bristol Mental Health</p> <p>The crisis team can help you if you feel like your mental health is at breaking point. You might have already been diagnosed with a mental health problem or this might be the first time you have had a mental health problem.</p>	<p>0300 555 0334 – 24 hours</p>
<p>First Response Bristol</p> <p>You should make a referral to First Response if you have concerns that a child is being abused or neglected, or if you want to request support on behalf of a child or family.</p>	<p>0117 903 6444</p> <p>When our offices are closed call the Emergency Duty Team on 01454 615 165.</p> <p>If the child is at immediate risk call the Police on 999.</p>
<p>National Domestic Abuse Helpline</p> <p>You can call us, for free and in confidence, 24-hours a day.</p>	<p>0808 2000 247 – 24 hours</p>
<p>Caring in Bristol</p> <p>Our Bristol Nightstop project provides immediate and ongoing support for young people facing homelessness.</p>	<p>0117 9244444</p>
<p>Police/Ambulance/Fire</p>	<p>999</p>
<p>Health Visitor Advice Line for North Bristol</p> <p>Open weekdays (except Bank Holidays) until 4pm</p>	<p>0300 1256278</p>
<p>Samaritans</p> <p>Whatever you're going through we're here 24 hours a day, 365 days a year.</p>	<p>Call 116 123 For FREE</p>